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Free Thai Massage Workbook. A lot of people ask me "Why would you give away such a great book for free when you could sell it?" My answer is simple! I want to spread the word about how wonderful this form of bodywork is and make resources available for anyone who wants to learn. I've spent over a decade developing the techniques that are included in this workbook and have spent a lot ...

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The Introduction to Thai massage workbook is designed to give you a solid foundational sequence to follow. Download your copy and feel free to ask questions using whatever social media you use.

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### **Free Thai Massage Workbook**

Thai massage uses the sen line system, or the sen sip. Literally translated, sen sip is the ten Literally translated, sen sip is the ten energy lines as sen is Thai for energy and sip is Thai for ten.

### **Introduction to Thai Massage Thai for the Table**

This book is for sale together with Ancient Thai Massage Healing with Prana: Fourth Edition. The Foundation of Thai Massage Applied on Table: Level 1 Plus is the step by step hands on manual of how to perform Thai massage on a massage able safely, effective and gracefully.

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